



*You find them everywhere—at the supermarket,
on the Beltway, and undoubtedly at work.
Difficult people can be a source of stress for anyone,
especially if you've never found ways to deal with them.
If you wish to take accountability for your relationships
with other people and work to make them better,
plan to attend*

“Dealing with Difficult People”

presented by

Kathleen Haas, LCSW, CAC

of the

Mark Center Employee Assistance Program

Thursday May 24, 2012

9:00am-11:00am

Mark Center Conference Room #24

Participants will:

- Identify types of difficult people,
- Evaluate their personal limits and boundaries,
- Explore the emotional aspects of conflict, particularly anger
- Learn and practice effective communication techniques.

To register, please call **703-692-8917** or e-mail PERS@amedd.army.mil
Space will be limited.